

Virtual Quad



Weekly events, tips, and reflections
Week 7 - Michaelmas 2022

A Message from the Editor

Hello all,

I briefly introduce myself in the email sent out each week, but I am Abigail (or Abby), the editor of the Virtual Quad. You will also find me working in the lodge sometimes. I am from California, where I double majored in English and French as an undergrad, and I am now pursuing an MPhil in Medieval Literature at Oxford.

I love reading fantasy novels, watching movies and tv, cooking, and doing crafts. I'm a huge introvert (and if you've bumped into me at College you probably already know this), but if you get me talking about young adult fantasy or the last anime I watched I will never stop.

Being the VQ Editor for Trinity and Michaelmas 2022 has been a learning experience and I am always looking for ways to improve upon past issues.

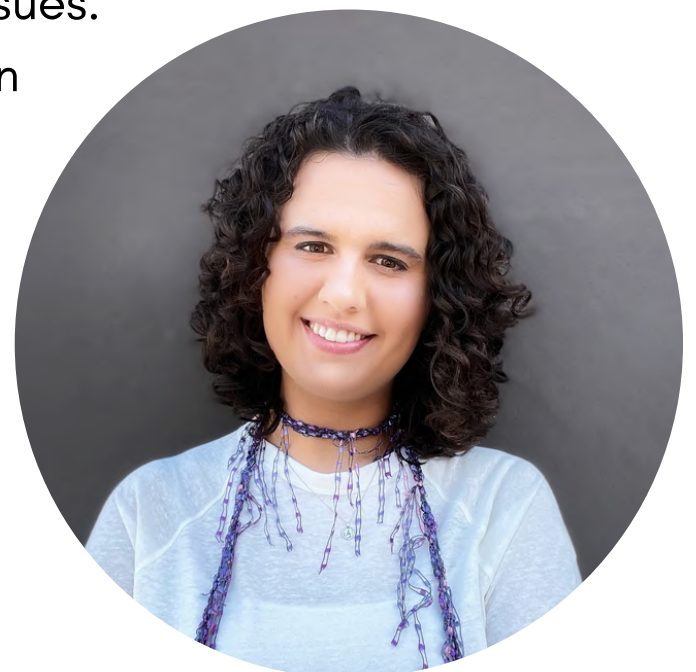
If you ever want to make a suggestion for the VQ, you can email me any time (virtualquad@mansfield.ox.ac.uk).

I hope to keep meeting new people around College; I'm usually at the wine and cheese nights and I am helping organize movie nights over the winter holidays, so I will be there as well!

Abigail Stevens (She/Her)
VQ Editor



MANSFIELD
COLLEGE
OXFORD



Mansfield Public Talks

Mansfield Public Talks Michaelmas 2022 - All Welcome



Friday 25 November 5:30pm

Serendipity: How Worthwhile
'Careers' Happen

Karl Lokko and Jason Stockwood

Tech entrepreneur, Football club owner and Grimsby community builder Jason Stockwood and former gang member, poet, activist turned Venture Capitalist Karl Lokko reflect in conversation about partnership, luck, determination and how 'careers' happen.



ADMISSION FREE

Sir Joseph Hotung Auditorium Mansfield College

[Sign up here](#) or scan QR code:



Winter Festivals at Mansfield



Hanukkah

Celebrate **Hanukkah** by joining us for sufganiyot and latkes, followed by games. **29 November, 1:30pm-3:30pm, Crypt Café.**



Yalda

Come celebrate **Yalda Night**, with delicious sweets and juicy fruits, a special story telling performance, live Persian music and poetry. **1 December, 4pm-6pm, Old Hall.** [RSVP here.](#)



Christmas

Come enjoy some **Christmas** carols at the Carol Service in the chapel **30 November at 6:15pm**, and do not forget about **Mansfieldmas 2 December.**

Oxford University Counselling Service
***"Practical tools to help you improve your mood
and be kinder to yourself" Workshop***

***Wednesdays - Weeks 4 to 7, 3.30pm - 4.45pm.
Online via Zoom.***

Open to all Oxford students, these workshops will introduce some practical tips to help with low mood, self-criticism and related difficulties. Each session will involve a short presentation and some practical exercises. You are welcome to keep your camera on or off as you prefer – there is no obligation to speak or share personal material, although there will be opportunities for questions and discussion (particularly in the last open-format session). You are welcome to sign up to one or more individual sessions, or attend the whole series.

Visit the [counselling service website](#) to see what skills we will be focusing on each week.

**Email the counselling service at
counselling@admin.ox.ac.uk to check
availability and reserve a place.**



Oxford University Counselling Service
Managing Sleep & Insomnia Workshop

Wednesday, 23 November, 2.30pm - 3.45pm

Sleep is vital for good mental and physical health and something many of us take for granted. However, lack of sleep, or insomnia, is a common and distressing problem. This psycho-educational workshop will explore some of the everyday difficulties people have with sleep, the nature of sleep and the common habits and behaviours that can interfere with good sleep. Using a cognitive behavioural approach, you will learn strategies and techniques that are helpful for overcoming common sleep problems and increasing the potential for a good night's sleep.

**Email the counselling service at
counselling@admin.ox.ac.uk to check
availability and reserve a place.**

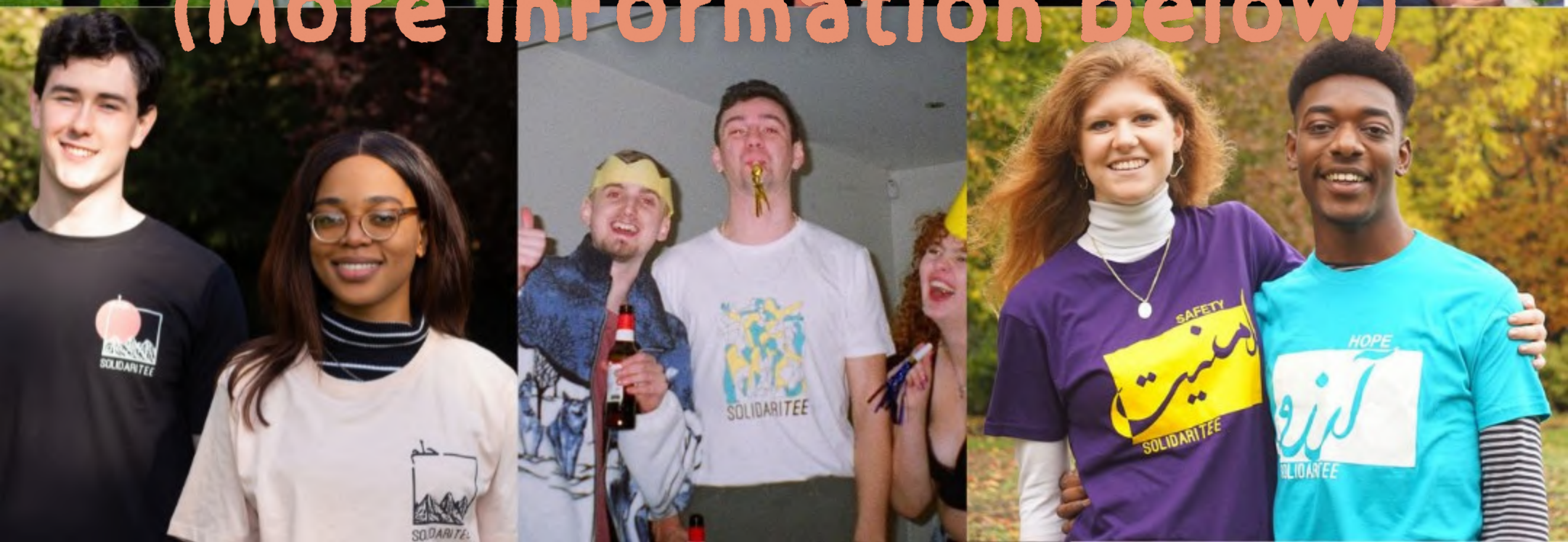




Join Solidaritee Today!



(More information below)



Is your goal this year to make change on campus? To stand in solidarity with displaced people? To gain employable skills? To meet new people and make amazing friends? JOIN SOLIDARITEE IN 2022!

SolidariTee is an entirely student-run charity fundraising for NGOs providing legal aid to forcibly displaced people. Via our national social media, we also work to dispel harmful misinformation about refugees and the asylum process, and to raise awareness about global refugee issues. But our core work takes place on regional campuses: last year we had SolidariTee regional teams at over 60 universities worldwide. These teams are made up of a team of regional representatives, who work to host awareness- and fundraising events on campus throughout the year, as well as to sell our unique SolidariTees. These t-shirts are a visible show of solidarity: they're sustainably and ethically produced, and feature artwork by refugees and asylum seekers.

SolidariTee Oxford is currently recruiting for regional reps, who would help to organise outreach and fundraising events in Oxford, sell our iconic t-shirts to friends and family, and spread the word about the cause. If you'd like to know more, don't hesitate to contact julia.mccarthy@gtc.ox.ac.uk. If you'd like to apply, [click here fill out the form](#) - don't worry about writing a lot, we just want to see a genuine passion for the cause, and no previous experience is required!

Also from SolidariTee:
an exclusive film
screening, coming soon!

SOLIDARITEE



SOMERVILLE
COLLEGE
UNIVERSITY OF OXFORD

Monday 28th Nov
7:30pm

O'Reilly Theatre,
Keble College
£6 per ticket

AN EXCLUSIVE
SCREENING OF

CITIZEN OF MORIA

feat. Q&A with director Jawad Mir

Peer Support Recruitment

Would you like to have the skills and confidence to:

- Offer a helping hand to other students in your College/ Department/ Division?
- Contribute and engage with your student community?
- Promote and create welfare and wellbeing spaces in College/ Department/ Division?
- Be part of student wellbeing and welfare provision in College/ Department/ Division?
- Invest in building a supportive and collaborative atmosphere?
- Learn transferable interpersonal skills and self-development?

Training as a Peer Supporter is a great way to develop personal and social skills that will be useful in all your relationships as well as making a positive contribution to the welfare support in your College/ Department/ Division. The Peer Support Programme offers an experiential training focusing on active listening, assertive communication, diversity awareness and support skills, self-awareness and self-care.

Please feel free to email The Peer Support Programme with any questions you may have at peersupport@admin.ox.ac.uk. Find more information at <https://www.ox.ac.uk/students/welfare/peersupport>.

To sign up for peer support training, [please follow this link to the application form!](#) Training to be a peer supporter has been one of the most valuable experiences I have had at uni! Please reach out if you are considering applying and want to know a bit more about what training involves, and what it is like to be a Peer Supporter at Mansfield!!

Mansfieldmas

Mansfieldmas: An Evening of Music and Words

Mansfieldmas is a yearly event occurring on Friday of 8th Week (2nd of December this year), designed to celebrate creativity and arts at Mansfield. This event is curated by Mansfield music director Tom Hamond-Davies, composer Errollyn Wallen, and writer Ben Okri.

We are looking for performers to help fill out the event - please fill out this form if you are interested. There is no restriction to potential types of performance: as examples, we have had musicians, poets, and acrobats in past years.



Student Hub

Mansfield Student Hub

The Hub contains useful information, advice and events that are relevant to you as Mansfield Students. The Hub will supplement the guidance provided in the Student Handbook and will be updated by staff from around the College. We hope that it will be your first port of call for any questions you might have about student life at Mansfield, so we would recommend adding it to your bookmarks now.

Most pages have content on already, but please bear with us while we transfer useful resources from other places such as the College website. If you have any feedback on the Hub, we would be very happy to receive it!

[Click here to visit the homepage of the Mansfield Student Hub.](#)

Additionally, information about **Financial Support Funds** provided by the College, including **Reimbursement for Language Centre Courses**, can be found on the Hub. [Click here to visit the fees and funding page.](#)

Job Opportunity

The Disability Advisory Service (DAS) is recruiting reliable, flexible graduate students to provide disabled students with study support. All the roles are part-time and the level of commitment can vary to match the support worker's availability in many cases.

There are several different types of role available, but we are currently particularly looking for:

- Practical Support Assistants, especially Sighted Guides, to support visually impaired students.
- Note takers and scribes for Maths (ideally taken in LaTeX), Law, and PPE.
- Study Assistants to help students with autism manage the transition to Oxford.

Rates of pay are £12 - £15 per hour and general information about the roles can be found on [our website](#).

Please email nmh@admin.ox.ac.uk as soon as possible to register your interest. The roles listed above are available right now but it is likely that there will be other roles in the coming academic year.

Scholarship Opportunities

Mansfield Financial Support Funds

As you may know, each term we advertise a **Financial Support Fund** for students to apply to for help with academic expenses, academic-related travel, travel for enrichment, and unforeseen hardship.

There are different funds for Undergraduate Students, Postgraduate Students, and students on the Visiting Student Programme. Please make sure that you apply for the correct fund. Information about this term's fund can be found on the Hub: [Fees and Funding](#). **Applications will be open again in Hilary Term 2023.**

Additionally, due to generous funding from a donor, **we are able to reimburse the full cost of courses taken at the University Language Centre** (<https://www.lang.ox.ac.uk>). The language centre offers both modern languages courses and courses in academic English. The reimbursement form will be available on the Hub later on in the term, and the deadline for applying will be **Friday of Week 10 (16 December)**.

SoGE Scholarships (See pages below)

Are you a Geographer or studying from a related social science, physical or environmental discipline? The **School of Geography and the Environment** has new **postgraduate funding opportunities** to support geography students from Black and other ethnic minority backgrounds. The deadline to apply is **20 January**. [Click here to find out more about how to apply.](#)



**New DPhil/PhD
scholarship for UK-
resident applicants from
Black and other minority
ethnic backgrounds**

DEADLINE: 20 JANUARY



New MSc scholarship for UK resident applicants of Black and mixed Black heritage

DEADLINE: 20 JANUARY

Harvard Medical School Stealth Spinout: Fall Research, Business Development and Computational Biology Internship Opportunities

A Harvard Medical School stealth spinout is offering paid internship opportunities to clinical trainees, PhD, MS or final-year undergraduate students.

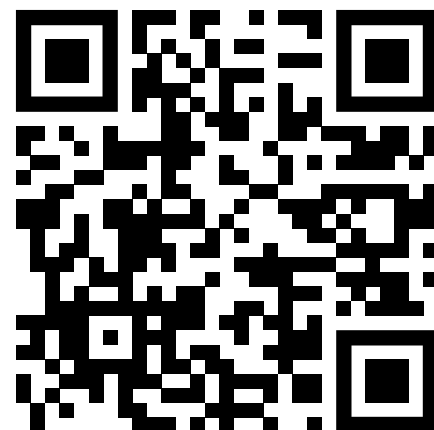
(1) Research Interns will chiefly focus on scientific assessment of proteins and pathways of interest, scientific literature reviews, basic patent searching and target and asset prioritization, **(2) Business Development Interns** will further endeavours related to funding and partnerships, including but not limited to preparing materials and analysis for government, academic, philanthropic and venture-based grants, due diligence materials and partnership opportunities and **(3) Computational Biology Interns** will design and implement algorithms to efficiently probe high-dimensional biological datasets and lead data analysis and curation efforts. Interns will be expected to prepare written materials supporting their analyses and present their findings.

The post will require approximately 5-10 hours of work per week for a duration of 3 months, with an option for extension for exceptional performers.

Qualifications/Requirements:

- Must be a graduate student (PhD, MD, MS), clinical resident, or an outstanding senior undergraduate student concentrating in the biomedical sciences, computer science, statistics or mathematics at a top institution; Prior work and research experience preferred.
- Strong scientific acumen and curiosity, ability to navigate biomedical fields including gene therapy and molecular and cell biology. A basic understanding of the drug discovery process is helpful, but not required.
- Excellent communication and writing skills, proficiency with Microsoft Word and Excel.
- Resourceful, proactive, independent and able to function at a high level with intermittent supervision; Possessing meticulous attention to detail and organization.
- For Computational Biology Interns, experience with algorithm development and statistical analysis, as well as proficiency in computer programming and familiarity with scientific computing languages, such as Python, MATLAB or R is necessary.

All applicants should use the following link to apply:
<https://form.typeform.com/to/pBdXLsGD>.



A Message from the Librarians

Book deliveries, Contemporary Fiction collection, accessibility webpage and new book suggestions!

A few reminders from the Library team:

Sally, Clare, and Mark are very happy to deliver books to self-isolating students (or any others who can't make it to the Library in person due to accessibility issues). These can be for academic studies or something from our Contemporary Fiction collection to offer some light relief.

Please contact us on library@mansfield.ox.ac.uk

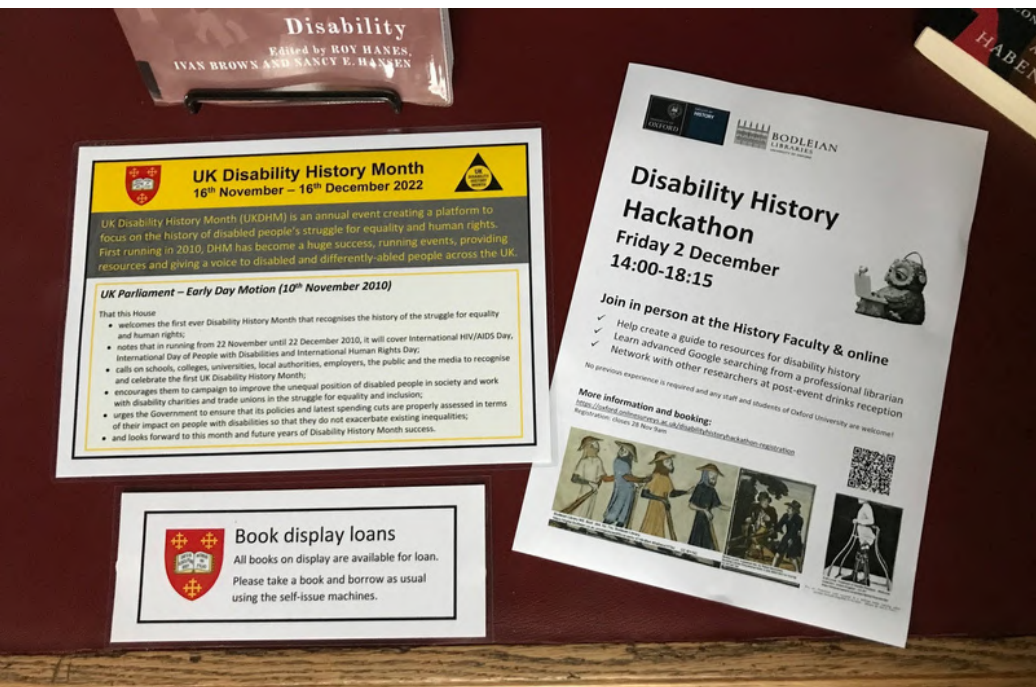
There is more information about our accessibility equipment & procedures, along with recommended self-help & study skills reading, [available here](#).

If you would like to suggest a book for purchase, please use the [book suggestion form on our website](#). Suggestions are always welcome and, if approved, usually available within a day or so.



Visit the Main Library to see the shortlisted titles and winner of the 2022 Polari Prize, as well as some new donations from an alumni which has formed a new Old Norse section in the English collection.





There are also some excellent new books on display in the Main Library, including the display for UK Disability History Month.





No food or drink: Only bottled water is allowed.

The Mansfield College Librarians would like to remind you:



NO keep cups



NO takeaway cups



NO food

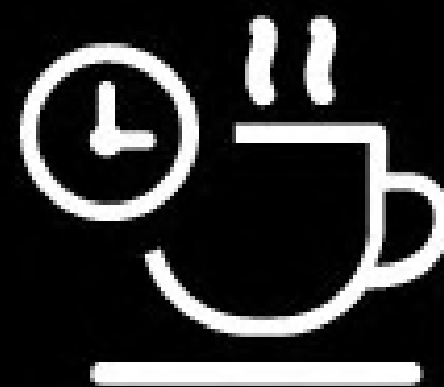


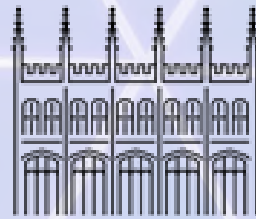
YES to Bottled water

If you fancy a drink or a snack,

Take a break!

The Crypt serves food and drink all day.





BODLEIAN
LIBRARIES
UNIVERSITY OF OXFORD



Disability History Hackathon

Friday 2 December from 2pm-6:15pm

Join in person at the History Faculty & online:
no previous experience required, all welcome!

- Help create a guide to resources for disability history.
- Learn advanced Google searching from a professional librarian.
- Network with other researchers at post-event drinks reception.

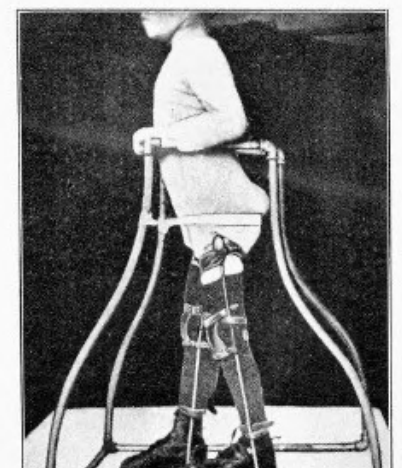
For more information and registration, [click here](#) or scan QR code! **Registration closes 28 November at 9am.**



Bodleian Library MS. Bodl. 264, fol. 74v, Bodleian Library,
<https://digital.bodleian.ox.ac.uk/objects/ae9f6cca-ae5c-4149-8fe4-95e6eca1f73c/> CC BY-NC



Broken crutch, a pastoral tale, by Robert Bloomfield,
Bodleian Library Educational folder 5 (24) 20031201/14:14:01\$jl
CC BY-NC-SA



R.W.Lovett, Treatment of Infantile Paralysis - Wellcome
Collection, United Kingdom - CC BY
<https://www.europeana.eu/en/item/9200579/an24w38n>

FIG. 16.—Paralyzed child strapped in a walking frame wearing splints
prevent forward drooping of the knee. (*Boston M. and S. Jour.*)



The Open Science Framework (OSF) is a tool for simplifying the management of research projects and related activities, regardless of discipline (despite its name). It is a service provided by the Centre for Open Science, a not-for-profit organisation based in Virginia in the USA.

Despite its name, **OSF is not discipline specific** and integrates with many existing scholarly tools such as Zotero, DataCite and GitHub rather than duplicating services. The Medical Sciences Division is funding these activities to develop case studies exploring how researchers can be supported in the areas of open science and open publishing, in a sustainable way and that encourages high quality and collaborative research practices. OSF facilities will be available to all members of the University, via Oxford SSO provided that they have an ORCID linked to their account.

"The Open Science Framework is invaluable for my research. It helps me keep my data, scripts and materials organised, and to make them accessible to others, improving the robustness and credibility of my studies."

--Dorothy Bishop, Professor of Developmental Neuropsychology

[Click here to login to the OSF through Oxford University.](#)

Oxford Festival of Open Scholarship 2023

Save the date: 6-17 March 2023

Come along and hear from an array of exciting national and international speakers and find out what is going on with open access and open research! Organised by the Bodleian Libraries, for Oxford staff and students, The Oxford Festival of Open Scholarship (OxFOS) covers a range of topical issues for a fortnight each year. This is an opportunity to explore and debate issues, and jointly look for solutions. We hope to interest and inspire you!

If you wish to receive updates about the schedule (**due in January 2022**) please join our mailing list (email: oxfos-subscribe@maillist.ox.ac.uk).

Got a project to present? A talk you want to run/see? Contact the OSS team at openscholarship@bodleian.ox.ac.uk.

Keep an eye on the [#OxFOS23 landing_page](#) for further schedule announcements.



Oxford Festival of Open Scholarship

2023

COLIN FRANKLIN PRIZE

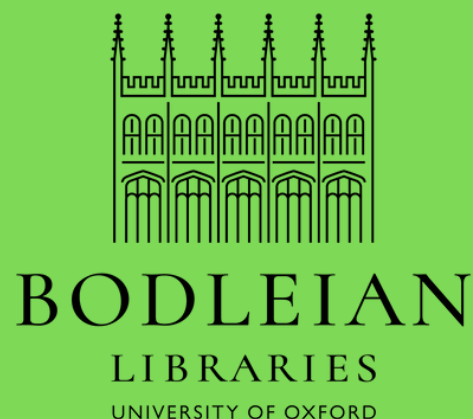
FOR **BOOK COLLECTING**

Open to current undergraduate & postgraduate students of the University of Oxford

Submit an essay that describes your own collection of books or printed material representing a passionate interest.

Prize: **£600** plus **£300** allowance to buy a book for the Bodleian collections.

Entry Deadline 9 December 2022



**[Click here](#) or
scan QR code to
find out more**



MCR Wine and Cheese

Wine and Cheese event is back on Thursday evenings for several weeks this term! Events will be **every Thursday from 13 October at 7:30pm in MCR (except for week 5).** Come and join us!



Winter Vac Movie Mondays

Join us on Mondays for several weeks during the winter holidays in the MCR from 6:30pm-10pm for a movie, popcorn, and hot drinks!



5 December
Everything Everywhere
All at Once

12 December
Disenchanted



19 December
Guillermo del Toro's
Pinocchio

9 January
Matilda the Musical



Mansfield College Music Society

- Wind Ensemble Recital with Refreshments - **Monday of 8th Week, 8:30pm**
- Society Christmas dinner and Carol Service - **Wednesday evening of 8th Week, 6pm**; [click here to sign up to the dinner.](#)
- OXCAR Acapella Group Concert - **Thursday of 8th Week from 7:30pm-8:30pm**
- Mansfieldmas - **Friday of 8th Week from 5:30pm-6:30pm**

Reminder of rehearsal times:

- Chapel Choir - rehearses **Mondays at 7:30pm, Wednesdays at 5:15pm**
- Wind Ensemble - rehearses **Tuesdays at 8pm**

Contact our president at elizabeth.flaherty@mansfield.ox.ac.uk for more info, or to be added to the mailing list!

Shut Up and Focus!

Mondays 1pm-2:30pm in Seminar West (except week 6)

Got a difficult task to focus on?

Can't get started? Can't stay focused?

In 'Shut up and focus!', we get together as a group and make a commitment to focus, studiously, with purpose and without distractions. We are in it together. It's a limited time with company, coffee, tea, biscuits, and fruit. It's for everyone in college - JCR, MCR, and staff.

How it works

- Beforehand: Choose a task to bring to focus on.
- 1pm: Get coffee/tea.
- 1:05pm: Focus for 35 min!
- 1:40pm: Break for refills, chat.
- 1:45pm: Focus again for 35 min!
- 2:20pm: Celebrate and congratulate yourselves.

For more information email Gail Leckie: gail.leckie@mansfield.ox.ac.uk

Welfare Teas

Wednesdays of odd weeks in the Crypt, 3pm-5pm

Join your Junior Deans in the Crypt for Welfare Tea and refreshments. We'll be there in **Weeks 1, 3, 5, and 7**. Please drop in and feel free to hang out and have an informal chat about anything. Talking is always good, and so are free hot drinks and biscuits!

Questions or want more info?

Email darshini.nadarajan@mansfield.ox.ac.uk.

JCR Welfare Tea, Sundays at 4pm in the JCR

The JCR also hosts its own Welfare Tea; join us for drinks and snacks! A peer supporter will always be in attendance.

Wellbeing Events

Your Welfare Team is hard at work, planning events to help everyone at Mansfield be happy and healthy! Here are some things happening in the coming weeks!

Week 8:

- **"Meditation Mondays": Mondays, from 5:15pm-6pm in the Old College Office.** A chance to practice mindfulness meditation in College, whether sitting for 5, 15, or 30 minutes together. All welcome, especially those who've never tried it before.
Bring a cushion!
- **Craft Evening - Painting and Drawing: Thursday, 1 December from 7pm-8pm in the JCR.** Join Aastha Prasad for "Absurdist Art Evening: Does a face need to have a mouth? An evening of chatting, painting and drawing to explore absurdist art, where we will channel all our nonsensical and eccentric parts onto paper!" As always, you can also bring your own project to craft in company.
Sign up here. For those who sign up, materials provided. Questions to: aastha.prasad@mansfield.ox.ac.uk.

Writing for Relaxation

Creative Workshops and with Mansfield College's Writer in Residence open to all

Everyone is very welcome to join in the Writing for Relaxation poetry sessions held by Kate Clanchy. They are drop-in sessions and no prior booking is required. Sessions will be held **Tuesdays from 5:45pm-6:45pm in the Old Bar, Weeks 1-8.**

Kate Clanchy is an award winning poet, fiction and non-fiction writer and a committed teacher.



Kate Clanchy
K.S.Clanchy@reading.ac.uk

Mansfield College Animals



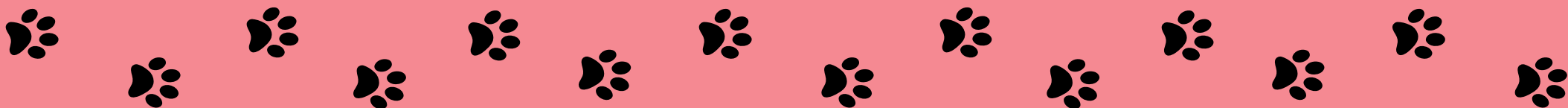
Basil and Beatrice playing.

Our very own Basil and Beatrice usually hang out in the Fellows' Garden. They also have their own room which is off the Fellows' Garden, and if you want to study in there in the evening with feline company, ask Katherine the Tutor for Cats (katherine.morris@mansfield.ox.ac.uk) for the key code. B&B accept all forms of attention but please resist the urge to feed them!

Sandi jumping in the leaves.



You can also join us for dog walking with Sandi, the therapy dog. **We will meet on Sundays during term time at 4pm on the patio outside the Crypt, or in the Old Bar if weather is inclement.**



PhotOx Photography Society for University of Oxford Academics, Admin Staff & Students

PhotOx will run on **Mondays, weeks 1-8 (10 October - 28 November) in The Collier Room, Regent's Park College, Pusey Street, Oxford, OX12LB**

David set up the PhotOx Photography Society to provide a friendly, creative environment, where University of Oxford members passionate about digital (or film) photography will receive inspiration, technical advice, and constructive feedback on their images.

Whether you have a Nikon or Canon DSLR; a mirror-less M4/3; a point-and-shoot camera, or just use an iPhone/Android camera – you will learn how to compose, expose, and capture better images. This is an excellent opportunity for you to improve your photography and to develop professional skills.

PhotOx Membership Benefits:

- Professional feedback & advice
- Termly competitions to enter
- Share images within a members-only Facebook group for constructive feedback
- Weekly assignments to help develop your photographic skills
- Option to join PhotOx-on-Tour trips to locations in the UK & Europe – recent workshops: Suffolk, London, Berlin, Budapest, and Copenhagen (additional cost).

To become a member of the PhotOx Photography Society email:
davidtolley@me.com.

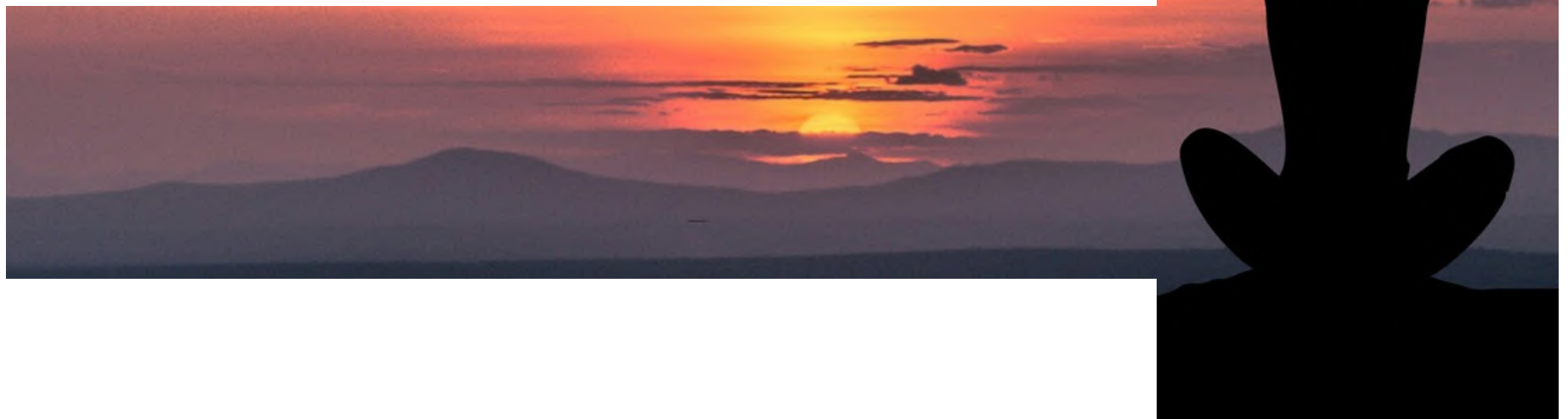
Please contact David **using your Oxford University email account** and **put PhotOx in the subject box.**



OxBikes: Buy or Rent a Bicycle!

Rent a bicycle for just £7.99 to collect any time, 24 hours a day at OxBikes with no deposit required. Head to <https://www.oxbikes.co.uk/depot-locations> to view the bicycles that are available. We have four depots across Oxford and this number is increasing weekly, so there is a local depot for everyone. Our bicycles come with a lock, and helmet rental is also possible. Rent a bicycle with us today to help combat climate change, making Oxford a greener city. Cycling once a day instead of driving saves 0.5 tonnes of CO2 every year, per person.

FREE PILATES & YOGA



MONDAYS, WEEKS 1-8, IN THE JCR
MICHAELMAS TERM 2022

5.30 - 6.30 PM: PILATES

6.30 - 7.30 PM: YOGA

Sign up with [this form](#) or scan QR code:



Sessions are led by a fully-qualified instructor and are free as they are subsidised by College. If you sign up but attend fewer than 6 sessions per course, the cost (£16 per course) will be debited to your battels.



MANSFIELD
COLLEGE
OXFORD

Who the Careers Service supports



The Careers Service supports all 12,510 **undergraduate students**, 13,044 **graduate students** at Oxford.



The Careers Service's dedicated support extends to more than 5,800 **research and research support staff**.



Oxford **alumni** can engage with the Careers Service for LIFE through access to 1:1 sessions with careers advisers, jobs board, careers fairs, workshops, and more.



Each **college, department** and **faculty** has a careers adviser dedicated to them.



Student societies can engage with the Service by advertising opportunities, attending a careers fair, co-host events, and more.



UNIVERSITY OF
OXFORD



hello@careers.ox.ac.uk

01865 274646

56 Banbury Road, Oxford, OX2 6PA

www.careers.ox.ac.uk

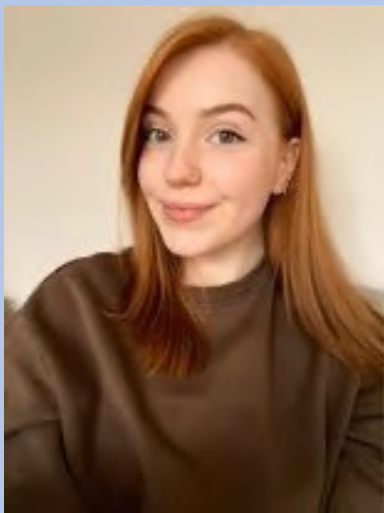
Peer Supporters MT22



Annabelle Dennis - she/her
Peer Supporter for Sports & Societies
annabelle.dennis@mansfield.ox.ac.uk



Matthew Bowen - he/him
JCR LGBTQ+ Officer
matthew.bowen@mansfield.ox.ac.uk



Chloe Banks - she/her
JCR Womens* Officer
chloe.banks@mansfield.ox.ac.uk



Katerina Panesova - she/her
Rainbow Peer Supporter
katerina.panesova@mansfield.ox.ac.uk

Feel free to get in contact with any peer supporter or the specific peer supporter of the week (they will be named in the welfare mail out each week and on the JCR Facebook page). We are always happy to chat online or in person! There will be one peer supporter at every Welfare Tea too in case you would like to approach us there! **Welfare Tea's are every Sunday at 4pm** in the JCR. We have all received 30 hours of training from the university on how to support people with many different concerns.

Ellie Scyner-she/her
JCR VP Welfare
ellie.scyner@mansfield.ox.ac.uk



Main Site

Darshini Nadarajan (She/Her)

darshini.nadarajan@mansfield.ox.ac.uk

Duty Phone (6pm-2am): **07541564050**

Saquib Hassan (He/Him)

saquib.hassan@mansfield.ox.ac.uk

Duty phone (6pm-2am): **07541564050**

Ablethorpe/Rhodes Wolfson

Ben Wilkinson-Turnbull (He/They)

ben.wilkinson-turnbull@mansfield.ox.ac.uk

Duty phone (11pm-7am): **07741071156**

Aastha Prasad (She/Her)

aastha.prasad@mansfield.ox.ac.uk

Duty Phone (11pm-7am): **07741071156**

Cowley Road Houses

Sophia Shieh (She/Her)

sophia.shieh@mansfield.ox.ac.uk

Duty phone (6pm-2am): **07453370008**

Bhadrajee Hewage (He/Him)

bhadrajee.hewage@mansfield.ox.ac.uk

Duty Phone (6pm-2am): **07453370008**



Meet the Junior Dean Team

Equality Allies

(Acting) Tutor for Women

Elizabeth Drummond can be approached by students with concerns or issues they feel would best be communicated to a woman tutor.

elizabeth.drummond@mansfield.ox.ac.uk



Tutor for Racial Inclusion

Helen Mountfield co-organises the termly forum for Amplifying Voices of Students of Colour.

principal@mansfield.ox.ac.uk

LGBTQ+ Tutor

Ros Ballaster may be contacted by email and can meet by phone or by Microsoft Teams.

ros.ballaster@mansfield.ox.ac.uk



Tutor for Disabilities

Andrew Higgins deals with disability related welfare issues. andrew.higgins@mansfield.ox.ac.uk

Academic Support



Royal Literary Fund Fellow: **Jon Stock**

provides academic writing support for all students, undergraduate or postgraduate. One to one sessions are for 50 minutes and take place online.

To book a slot, email jon.stock@rlfeducation.org.uk.

Academic Support Tutor: **Gail Leckie**

offers one to one study skills support for any undergraduate of any subject, to discuss any concerns you have about your academic work broadly construed.



Email gail.leckie@mansfield.ox.ac.uk for an appointment.

Also please note that Christopher Salamone, Mansfield's Tutor for Graduates, is on a research sabbatical until the start of Trinity Term 2023. During this time Lucinda Rumsey, Mansfield's Senior Tutor, will be Tutor for Graduates.

Welfare Team

All of us on the welfare team can provide a space to listen and talk through your concerns. We can also offer advice on some practical matters and signpost you to other sources of help. Please email us to arrange a time to speak.



Tutor for Welfare: Gail Leckie (They/She)

"I oversee welfare provision and policy in college. One of the most important parts of my role is seeing students individually about their welfare concerns, small or large. Please drop me an email and we can arrange a time to speak."
gail.leckie@mansfield.ox.ac.uk

Chaplain: Rev Nathan Mulcock (He/Him)

"As well as running the Wednesday Chapel service, I am part of the Welfare Team. I am happy to listen to concerns and issues and help organise events and activities marking both religious and secular events and celebrations in the College, as well as explore those bigger questions of life, whatever belief or identity; all are welcomed and valued."
chaplain@mansfield.ox.ac.uk



The Junior Deans are also available to discuss any welfare concerns!

Emergencies and External Support

Emergencies

An emergency is a situation **where there is a risk of serious and imminent harm.**

In an emergency:

Call 999 if appropriate first, then phone **The Porter's Lodge: 01865270999**

Porters will arrange for appropriate staff, usually Junior Deans, to respond. You can also ring Junior Deans on your site direct during their duty hours (see JD poster for contact details of additional Ablethorpe provision).

Never rely on emailing or texting in an emergency.

External Medical Support

College GP (St Clements Surgery):

01865248550, Mon-Fri

NHS Out of hours service: 111

NHS emergency: 999

External Welfare Support

University Counselling Service

Email counselling@admin.ox.ac.uk to book an appointment.

Talking Space Plus

Self/GP-referral for psychological treatments

www.oxfordhealth.nhs.uk/talkingspaceplus/

Oxford Safe Haven

Weekend out-of-hours, non-clinical space offering crisis & listening support. Call in advance.

Open Fri-Mon from 5pm-10pm

tel: 01865903037

email: oxonsafehaven@oxfordhealth.nhs.uk



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